



Trauma Social Worker/Psychotherapist

Catholic Family Services of Durham (CFSD) is a non-profit, charitable organization. The mission of CFSD is to provide help, hope and healing to individuals, couples, young parents and families, regardless of beliefs. We do this through evidence based psychotherapy and counselling, education and support. Since 1981, CFSD has been helping people in the Durham region, from all religious, cultural and ethnic backgrounds, to deal with a variety of issues including trauma. CFSD is also a bilingual organization, and endeavours to employ bilingual staff.

Opportunity

Catholic Family Services of Durham is currently seeking an experienced Trauma Social Worker/Psychotherapist for a full time (35 hours per week) 3 year contract position. This individual will report to the Clinical Manager and will be responsible for trauma therapy. In addition, the incumbent will be responsible for referring clients to other community agencies and professionals to increase the support and services needed by the client.

The primary duties required for this position include, but are not limited to:

- Provide intake assessment, consultation, analyze and assess the needs of clients to determine individual case plans and appropriate trauma therapy plan
- Formulate and implement treatment plans/trauma therapy plan utilizing applicable recourses and establishing suitable timeframes for achievement of goals
- Evaluate the treatment of services by seeking feedback from clients to determine overall effectiveness and recommend appropriate alterations to ensure optimal outcomes
- Manage and meet targets for clinical caseload and maintain direct service requirements
- Manage administrative duties, including client statistical reporting systems as per funding requirements
- Maintain confidential clinical records of treatment contacts and assessment information for report management purposes utilizing tact and discretion at all times
- Perform other duties as assigned

Qualifications and Skills

- A Master's degree in Social Work or a related discipline
- Maintenance of RSW or RP qualification is a requirement
- Master's level psychotherapy experience is required
- Extensive experience with individuals who have experienced or witnessed trauma and are experiencing a significant impact on emotional, physical, interpersonal and vocational functioning/symptoms of trauma
- EMDR trained
- Competence in CPT, TF-CBT and DBT an asset
- Bilingual therapy skills an asset
- Commitment to the integrity and worth of all individuals which is consistently reflected in practice
- Ability to work independently and as a team member in a highly collaborative team environment



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- Demonstrated advanced knowledge of the theory and practice of evidence based social work modalities, and experience in working from a strengths-based perspective
- Proficient in Microsoft Office and database
- Effective oral and written communication skills
- The ability to work with clients of diverse ethno racial and cultural backgrounds
- A satisfactory Vulnerable Sector Criminal Record check, valid driver's license, access to a reliable vehicle and relevant insurance

Candidates are invited to indicate their interest in this position by sending a resume and cover letter **by March 20, 2023** to E.Pierce@cfsdurham.com

ONLY THOSE SELECTED FOR AN INTERVIEW WILL BE CONTACTED